

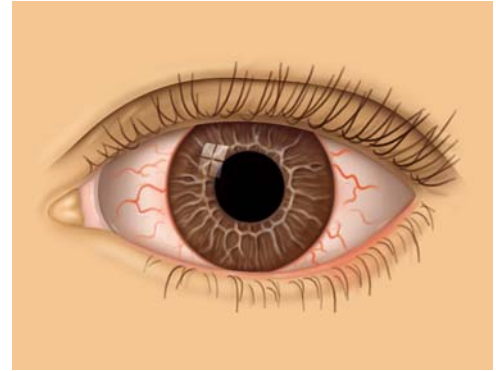
## Discharge Instructions

### CONJUNCTIVITIS, ALLERGIC

Allergic Conjunctivitis is a reaction to dust or pollen in the air. This causes itching and redness in the membranes of the eyelids. There may be swelling of the lids, redness, and a gritty or scratchy feeling in the eye.

#### HOME CARE:

- 1) Eye drops may be prescribed to reduce itching and redness. Use these as directed. Otherwise, Visine, Vasocon or other over-the-counter decongestant eye drops may be used.
- 2) Apply a cool compress (towel soaked in cool water) to the affected eye 3-4 times a day to reduce swelling and itching.
- 3) It is common to have mucus drainage during the night causing the eyelids to become crusted by morning. Use a warm wet cloth to wipe this away. You may also use saline irrigating solution or artificial tears to rinse away mucus inside the eye. Do not patch the eye.
- 4) You may use acetaminophen (Tylenol) or ibuprofen (Motrin, Advil) to control pain, unless another medicine was prescribed. **[NOTE: If you have chronic liver or kidney disease or ever had a stomach ulcer or GI bleeding, talk with your doctor before using these medicines.]**
- 5) Do not wear contact lenses until your eyes have healed and all symptoms are gone.



**FOLLOW UP** with your doctor or this facility as directed, or if there has not been improvement within five days.

**RETURN PROMPTLY** or contact your doctor if any of the following occur:

- Increased swelling of the eyelid
- New or worsening drainage from the eye
- Increasing redness around the eye
- Facial swelling